



Interview Questions

Clay and Sally Clarkson, Authors of *The Lifegiving Parent*



Clay Clarkson is the executive director of Whole Heart Ministries and the author of numerous books, including *Our 24 Family Ways*, *Heartfelt Discipline*, and *Educating the WholeHearted Child* (with Sally Clarkson). Clay is a graduate of Denver Seminary and has served in churches, missions, and parachurch ministries. Clay and Sally have four grown children.

Sally Clarkson is the beloved author of multiple bestselling books, including *Own Your Life*, *The Lifegiving Home*, *The Lifegiving Table*, and *Different*. As the mother of four adult children, she has advocated relentlessly for the power of motherhood and the influence of home through her Mom Heart conferences (www.momheart.com), speaking to audiences on several continents. Sally encourages many through her blog, www.sallyclarkson.com, and through her popular podcast, *At Home with Sally and Friends*.

1. What is your hope for this book, *The Lifegiving Parent*?
2. What prompted you to want to write on this topic? Why do you think people need to hear this message?
3. What are the unique challenges facing parents today?
4. Where does good moral character come from, and how can we influence character development in our children?
5. Describe how lifegiving parenting isn't a formula or program used to "Christianize" our children but rather a way of life that captures their hearts for Christ.
6. What does it mean to give our children the life of Christ? How can we bring His life into our homes?
7. Describe one of the "heartbeats" of lifegiving parenting mentioned in the book and explain how you implemented that in your parenting.
8. Clay authored the majority of the content for the book. Why did you think it was particularly important to highlight the father's perspective?
9. How do the two of you work together to parent your children?
10. How has your approach to parenting changed over the years?



11. What tips do you have for making it through the young childhood years? The teen years?
12. How do you alter your parenting tactics to reach children with different personalities and gifts?
13. How do you see the principles of lifegiving parenting manifesting in the lives of your adult children today?
14. Explain the importance of family faith formation and how it comes about.



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