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Transforming Marriages in Trouble Overnight **the power of one changes everything**



Carol Stream, IL (July 2010) — As the statistics for divorce rise, one husband-and-wife marriage consultant team are literally transforming marriages overnight. What's their secret? The solution is one you might not expect.

In *The Surprising Way to a Stronger Marriage* (releasing from Tyndale October 2010), by nationally renowned marriage builders Michael and Amy Smalley, the couple practically and candidly, along with a good dose of humor, explain how the power of one can restore marriages that are in trouble.

“The most significant act of love we can do for our spouse is the single act of personal responsibility—or the power of one,” Michael Smalley explains. “An individual in a marriage relationship cannot reach satisfaction in his marriage if he doesn't first look at himself—and see where he needs to change first.”

“Personal responsibility is the fuel that drives the actions of a healthy marriage,” Amy points out. “Usually, each spouse blames the other for their problems, and this attitude will only lead to a path of unfulfilled expectations and heartache. Marriages can be transformed, literally overnight, when each spouse learns the power of one and starts accepting personal responsibility for his or her life and by learning how to love others to the fullest.”

Michael and Amy Smalley have met with thousands of couples over the last ten years in their marriage intensive therapy sessions and have counseled them in the practical solutions found in this book. Many real-life marriage stories are shared, along with Greg and Amy's own personal examples. This book will inspire, motivate, and challenge couples to thrive in their marriage.

Michael and Amy Smalley are speakers, authors, and therapists who work directly with married couples. Both Michael and Amy hold master's degree in clinical psychology from Wheaton College, near Chicago, Illinois. For the past 15 years they have spoken to millions of people around the world through their live events, international evangelistic events, and special speaking engagements. They have been dynamic guests on *Life Today* with James Robison, *The John Tesh Radio Show*, and many other shows. Learn more at <http://smalley.cc>.

The Surprising Way to a Stronger Marriage

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Softcover, 5.5 x 8.25

To arrange an interview with Michael and Amy Smalley, please contact Andrea Martin at 630-784-5318 or andreamartin@tyndale.com.

About the Authors



Amy and Michael Smalley specialize in teaching couples the principles of loving well for a lifetime. Their popularity as nationally renowned marriage builders, authors, and couples' consultants has grown in response to their signature, no-nonsense advice. With master's degrees in clinical psychology, they currently serve as executive directors of the Smalley Marriage and Family Center. The center provides local counseling, special intensive marriage retreats, and training for professionals and laypeople. The Smalleys have enjoyed 15 years of marriage and have 3 children.

Here's what the experts say:

"I love Michael Smalley—he's so imperfect! Talk about a man who married up; wait 'til you see Amy. They're great teachers about life . . . you'll enjoy them and be helped by them."

Dr. Kevin Leman, Author of *Sheet Music: Uncovering the Secrets of Sexual Intimacy in Marriage*

"I've seen Michael grow and mature over the years, and I'm so proud of the husband, father, and man he has become. I've seen them in action, and they are one of the most entertaining and inspirational couples I know. The Smalleys will knock your socks off and teach you what it takes to thrive in your marriage."

Dr. Joe White, President of Kanakuk Kamps

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Discussion Questions for *The Surprising Way to a Stronger Marriage*:

1. Does it take both spouses to change a marriage?
2. What's one thing you could tell us in this interview today that would help our listeners?
3. Why do you believe couples get stuck in the same arguments?
4. Do you think the reason most couples divorce is because their personalities are incompatible?
5. Amy, why don't men listen to their wives?
6. Why is it important for couples to first reach an understanding before they come up with solutions?
7. Michael, you are a humorous guy. How have you seen that benefit and not benefit your marriage? Amy, how do you handle it when you don't find something he is doing funny or appropriate?
8. What do you do when the other person has shut down and will not talk?
9. What do you do when you think your spouse is having an affair? When do you know when to divorce a cheating spouse?
10. In your book you use an illustration of a puffer fish. Tell us about that.
11. Michael, you have a funny story about David's 7th birthday. Tell us about that.



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