



Media Alert

Raising Grateful Kids in an Entitled World

How One Family Learned that Saying No Can Lead to Life's Biggest Yes

Book Synopsis: “But everyone else has it.” “If you loved me, you’d get it for me!” When you hear these comments from your kids, it can be tough not to cave. You love your children—don’t you want them to be happy and to fit in?

Kristen Welch knows firsthand it’s not that easy. In fact, she’s found out that when you say yes too often, it’s not only hard on your peace of mind and your wallet—it actually *puts your kids at long-term risk*. In *Raising Grateful Kids in an Entitled World*, Kristen shares the ups and downs in her own family’s journey of discovering why it’s healthiest *not* to give their kids everything.

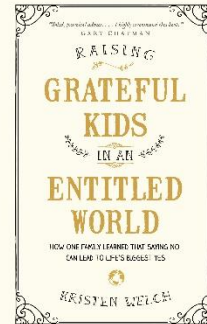
Teaching them the difference between “want” and “need” is the first step in the right direction. With many practical tips and anecdotes, she shares how to help kids become hardworking, fulfilled, and successful adults.

It’s never too late to raise grateful kids. Get ready to cultivate a spirit of genuine appreciation in your family and create a home in which your kids don’t just say—but *mean!*—“thank you” for everything they have.

Audience Interest Points:

Author Kristen Welch is available for interviews to discuss:

- The ups and downs in her own family’s journey of discovering why it’s healthiest *not* to give your kids everything.
- How her family learned the difference between “want” and “need.”
- Many practical tips and anecdotes to help kids become hardworking, fulfilled, and successful adults.
- How her family’s faith has been foundational in cultivating hearts of gratitude over the sense of entitlement in a world that has become more and more about instant gratification.
- Replacing our kids’ sense of entitlement with respect for hard work, a heart for serving others, and a spirit of genuine gratitude.
- How saying “yes” too often puts our kids at risk.



To schedule an interview with Kristen Welch, please contact:
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About the Author:



Kristen Welch is the author of *Rhinestone Jesus* and the parenting blog *We are THAT Family*. She is an (in)Courage writer, a frequent speaker; and founder of Mercy House, a nonprofit ministry which empowers women around the globe. Visit Kristen online at www.wearethatfamily.com .

Suggested Interview Questions:

1. What are some of the triggers for you that indicate a need for this message?
2. In your opinion, why have the kids in American culture become more entitled?
3. What harm is there in giving our kids too much?
4. How do we replace our kids' sense of entitlement with a respect for hard work, a heart for serving others and a spirit of genuine gratitude?
5. How do we teach our kids the difference between "want" and "need".
6. What are some practical tips for adjusting our kids' perspective?
7. What do you recommend parents do to guide their children to become fulfilled successful adults?
8. What is the ultimate yes?
9. How do you encourage parents who think it might be too late to cultivate a spirit of gratitude in their kids?

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