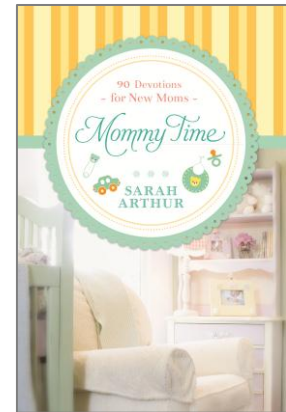




Discussion Questions



About the Author . . . Sarah Arthur is a fun-loving speaker and the award-winning author of seven books, including the bestselling *Walking with Frodo: A Devotional Journey through the Lord of the Rings*. A graduate of Wheaton College (BA in English and Christian Education) and of Duke University Divinity School (Masters in Theological Studies), Arthur served in full-time youth ministry for seven years before launching her writing and speaking career. She and her pastor-husband, Tom, live in southern Michigan with their young son, Micah John, who can say *mama* and *dad* but is still working on *Christological*.



1. What is your hope for this book, *Mommy Time*?
2. Tell me about your personal experience(s) which prompted you to write such a book.
3. How do you carve out time to spend in God's Word in your busy life?
4. How did you write this book as a busy new mom? Why was it important to you to do so?
5. God is in control. Why is this truth so important for new moms?
6. What encouragement would you provide to the new mom who is overwhelmed and feeling lost?
7. In your book, you say that "motherhood is itself a spiritual discipline." What do you mean by this?
8. You endeavor to help moms cultivate "awareness of God's presence in the small things, in the daily tasks of caring for infants." Can you provide an example of this?
9. In your book, you say that the idea of being a new mother "both exhilarates and terrifies me." Can you explain what you mean by this?
10. As a new mom, what is the best advice or encouragement that you have received?

To schedule an interview with Sarah Arthur, please contact:

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