



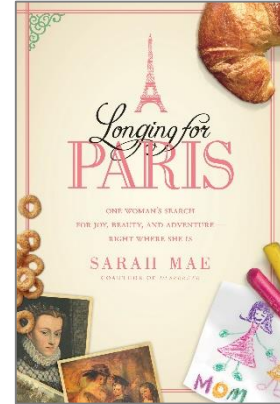
Media Alert

Author Sarah Mae Takes Readers on a Journey, Navigating the Tension between Your Longings and Your Reality

Book Synopsis:

For anyone who has ever daydreamed of another life . . .

Most days, you wouldn't trade what you have for the world. You love your husband and your kids, and you are grateful to God for your life. But there are days when you feel as though life is rolling over you in waves and you are just going through the motions. You find yourself aching for something more, something that is calling to depths of who you are, maybe for something you can't even name.



For Sarah Mae, it was Paris, a place that is known for breathtaking beauty, inspiring art, and exquisite food. But as she searched her heart, she found there was more to her longings than she anticipated.

Join Sarah Mae in *Longing for Paris*, a soul-searching, light-filled journey for the woman who knows she can't uproot her life to discover herself and her longings, but who desperately wants to uncover them so she can get unstuck and choose a life that is filled with beauty, adventure, and deep joy . . . right where she is.

***Longing for Paris* is available for review, and**

Author Sarah Mae is available for interviews to discuss:

- Navigating the tension between living the life you've always dreamed of and the one you've cultivated.
- Learning what it means to acknowledge and find God in your deepest desires, and watch how He fulfills them in your real life.
- Growing a spirit of adventure in every part of your life.
- Finding new perspective in life, uncovering the beauty and joy in the "dailyness" of family life.
- Taking a deep look into Scripture about men and women who have longed for a new life, for fulfillment and purpose.
- Teaching women how to balance their desires with their responsibilities--living a purposeful life of adventure.



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About the Author . . . Sarah Mae is an influential Christian blogger, founder of the popular Allume conference, and coauthor of *Desperate: Hope for the Mom Who Needs to Breathe* (with Sally Clarkson). She has been featured on *Good Morning America* as an example of someone who has found success in generating an income as a stay-at-home mom. She celebrates life with her husband and three children in the beautiful Amish countryside of Pennsylvania, where she often ponders what life would be like if she actually finished all the laundry.

Suggested Interview Questions:

1. You talk about navigating the tension between living the life you've always dreamed of and the one you've cultivated. Can you unpack this concept for us a little bit?
2. What was your motivation for writing on this topic?
3. What are some cues you saw in your own life and in the lives of other women that made you zero in on this particular concept?
4. You discuss acknowledging and finding God in your deepest desires. How do you do this?
5. What are some tips you could give other women for developing a spirit of adventure in their lives?
6. How would you recommend women uncover beauty and joy in the "dailyness" of life?
7. Can you talk a bit about examples from Scripture of people with longings for new life, fulfillment and purpose? What can we learn from them?
8. What does a purposeful life of adventure look like?
9. What is your hope for this book?
10. What message do you hope will resonate most with your readers?

[Longing for Paris/Tyndale Momentum](#)/Softcover: \$15.99

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