Media Alert

**Grace Behind Bars**
*An Unexpected Path to True Freedom*

*Grace Behind Bars* shares the true and dramatic account of how Bo Mitchell, businessman and chaplain for the Denver Nuggets, inexplicably ended up in federal prison only to find God’s true freedom behind bars. Ironically, it’s in a six-by-nine-foot cell that God begins to free this driven Christian leader from his prison of performance and success. In the end, Bo realizes that God’s love is a gift, not something he must earn.

But there’s more to the story: Just before Bo enters prison, his wife, Gari, becomes incapacitated by a brain illness and enters her own prison of clinical depression.

Readers will see how the couple struggled together as their world fell apart, yet ultimately grew closer to each other and God behind the bars of their trials. This story will not only inspire and encourage readers, it will show them how they, too, can find spiritual freedom in life’s “prisons” if they choose to see God’s hand in their lives.

*Grace Behind Bars* is available for review, and Bo and Gari Mitchell are available for interviews to discuss:

- How can you move forward when your whole life has fallen apart?
- How does pride separate us from God and others?
- How does the busyness of everyday life keep us from building our relationships with God and others?
- The debilitating effects of depression and how to support someone going through the illness
- Ways to respond and support someone in crisis
- Bo’s life as the son of major league baseball player, Dale Mitchell, and the effects his dad’s job had on his self-worth
About the Authors

Bo Mitchell serves as the chaplain and senior advisor for the Colorado Rockies and served as chaplain for the Denver Nuggets for 18 years. This former minor league baseball player has a master's degree in Christian leadership from Denver Seminary and co-founded several organizations and nonprofits including Cherry Hills Community Church, Teammates for Kids, Providence Network, Crosswalk Fellowship, and Game Day Memories. Bo and his wife, Gari, have been married over forty-five years and have two married children and four grandchildren.

Gari Mitchell is the director of consulting services with Crosswalk Fellowship in Denver and worked as a senior consulting associate with Masterplanning Group International from 1984-2007. She also was a Mother of Preschoolers (MOPS) mentor, served on boards such as MOPS International and Valor Christian High School, and co-founded Cherry Hills Christian Schools.

Interview Questions

- What is your hope for this book, Grace Behind Bars?
- What was life like for your family before Bo went to prison?
- Briefly share the events that led up to Bo’s prison sentence.
- Bo, how did your father’s job as a major league baseball player affect you?
- Bo, what was your experience in prison like?
- Is there anything that prepared you for the trials you faced?
- Gari, what was life like for you and your kids while Bo was in prison?
- Share a few of the biggest lessons you learned during Bo’s time in prison.
- How did your marriage change because of this prison sentence?
- What was the re-entry period after prison like for you?
- Bo, you started telling people you felt “Never better” after crying every day since your prison release. Why did you do this and how did saying this affect you?
- What advice would you give to listeners who know someone going through a personal crisis?
- What one lesson or message do you hope will resonate most with your readers?

Grace Behind Bars by Bo and Gari Mitchell
Softcover: $15.99
March 2017
Focusonthefamily.com
Tyndale.com

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